

NATURE COAST PHYSICAL THERAPY & REHAB

PHYSICAL THERAPY PATIENT GUIDELINES

1. All clients are required to sign in at the front desk upon arrival as you enter the building. The receptionist will alert the therapist of your arrival. Please do not enter into a room unless you have been instructed to do so. In all cases, check with your therapist prior to starting any of your program activities.
2. Safe, loose-fitting clothing (loose pants or shorts, sweat suits, tennis shoes, t-shirts) and proper underclothing must be worn at all times to allow free participation in exercises.
3. Supportive shoes must be worn for exercises. Please do not wear slippers or high-heeled shoes.
4. If you are participating in aquatic therapy, please shower BEFORE entering the pool. Please also refrain from wearing lotion, skin cream, perfume or deodorant to aquatic therapy.
5. For your safety and to avoid duplication of services, your therapist must be notified if you are being treated by a Chiropractor or another Physical or Occupational Therapist.
6. At no time are you allowed to use equipment in the treatment area unless you have been instructed to do so by your therapist. If you have been taught how to properly use the equipment and have forgotten proper usage, please inform the therapist.
7. We are not responsible for personal items brought with you. During treatment time, keep your belongings with you at all times.
8. At NO time are guests allowed in the treatment area unless requested by your therapist.
9. We welcome feedback on our services. Please feel free to offer suggestions.

Please keep in mind that these guidelines are in place for your safety and for the safety of those around you.

LATE ARRIVAL & CANCELLATION POLICY

If you are more than 15 minutes late for your appointment, it is at the discretion of the therapist whether you can be treated when you arrive. The therapist's schedule, the existing activity in the treatment room, and the space will determine if the late start of your therapy treatment can be accommodated.

If you are unable to keep your scheduled appointment time, please call our office at least 24-hours in advance in order to avoid a missed appointment fee. This charge is not covered by insurance. Your phone call is critical in helping us provide continuous care to all of our valued patients. **If you fail to give us notice of your missed appointment, you will be charged a \$50 missed appointment fee.**

Three No-Shows (not calling to cancel or reschedule) are an **automatic discharge** from therapy and will require a new prescription.

By signing below, I acknowledge that I have read and understand the above guidelines and policies of the clinic.

Patient Signature:_____ **Date:**_____